



unforgettable memories to strengthen your team spirit



summer hikes



a fantastic loop via bella lui

3h30min | 9,5km | +633m -677m

our favorite hike! a technical track to meet the marmots. be careful, there is a ladder to climb at the col du pochet.

a hike via the corbyre alp

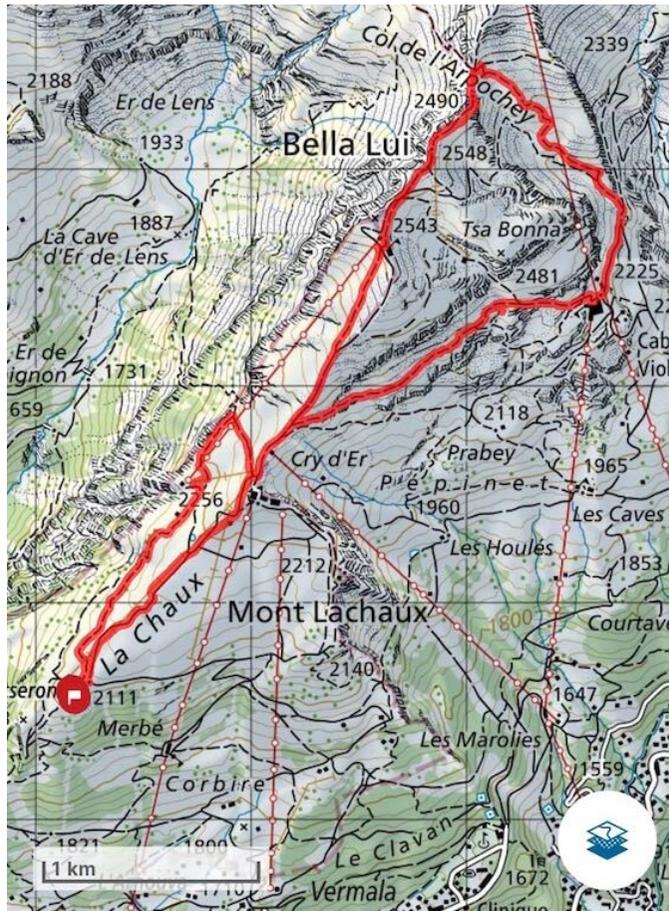
2h15min | 6,4km | +399m -408m

a very pretty loop that takes you through the corbyre mountain pasture, where you can enjoy a drink and see the famous « hérens » cows.

an itinerary via « la cabane des violettes »

3h50min | 11,5km | +654m -622m

a loop hike via bella lui and « la cabane des violettes »



crans - chetzeron via bisse du rô

3h40 | 10km | +781m -213m

a classic of crans-montana!

crans - chetzeron via the steep track

2h04 | 4,4km | +640m -29m

very steep climb for the bravest

the walk down from chetzeron to crans

1h20 | 4,6km | -612m

and why not take a short walk to end your stay?

useful information

take a look and download all itineraries [on this link](#).

comments

before taking any itinerary, check the tourist office website to see if it's open and safe, and make sure you're properly equipped for mountains!

trekking with yaks



discovering the wildlife

for a real moment of reconnection

Patricia and Christian will take you on a walk with yaks from chetzeron. two passionate people who will share their philosophy of life in total harmony with nature and their companions.

participants up to 10 persons

duration approx. 3 hours

price 450.- up to 4 persons
+60.- per additional person

contact terredecoeur.ch, yaktrek@bluewin.ch, +41 27 455 97 41



an experience in the heart of nature

guided by Pascal Aymon, founder of **Aquila Nature**, discover the wildlife of the region. observe the animals around chetzeron such as ibexes, roe deers, black grouses and marmots.

duration approx. 3 hours

price 450.- up to 3 persons
500.- from 4 to 16 persons

contact aquilnature.ch, info@aquilnature.ch, +41 79 873 98 09



barefoot walk with sami

a unique sensorial experience

Sami, founder of chetzeron, has the habit of walking barefoot around the hotel. this practice, with it's benefits, reconnects us with nature and encourages an exchange of energy between the earth and our body.

participants from 4 persons

duration from 45 min to 1h30

price free



mountain scooter



led by the **Swiss Mountain Sports** guides, this activity can be enjoyed on the blue track of the crans-montana bike park or on the gravel road from chetzeron. the return will be made by gondola!

duration approx. 2 hours

price 300.- from 4 persons
+72.- per additional person

incl. guides, helmets, scooters

contact www.sms04.ch, info@sms04.ch, +41 27 480 44 66

mountain bike, e-bike & downhill



downhill

only possible when the gondola is open.

a bike park for all levels. the blue trail starts at chetzeron and is ideal for beginners. the red and black trails start at cry d'er and require a more advanced level.

all itineraries [on this link](#)

enduro & xc

mountain roads and more technical trails from chetzeron. handy, lightweight and versatile bikes. ideal for sporty people and for adrenalin lovers.

e-bike

heavy bikes with electric assistance. ideal for groups of beginners or groups with different levels.



e-bike group session

group initiation with the guides from the **bike school of crans-montana**.

participants from 6 persons

duration 2 hours

price 930.- up to 6 persons
+75.- per additional person

incl. guides, e-bikes, helmets

comments

to adjust the e-bikes, you will be asked for the size of each participant.

yoga class at 2112 m



awakening of the five elements



meditation and breathing: the perfect duo for wellness

Alyssa, our masseuse, will guide you in the practice of **qi gong** and **meditation** to awaken the elements already ingrained in you. an ideal activity to prepare the body and mind for a working day.

participants up to 16 persons

duration 30 min

price 150.- up to 7 persons
300.- from 8 to 16 persons

reduce stress and improve concentration

yoga session led by Béatrice, for all levels.

participants up to 16 persons **duration** 1 hour

price 400.- up to 8 persons
+30.- per additional person

useful information

the class is given on the swimming pool terrace in case of good weather and in our meeting room in case of bad weather.

material we supply the yoga mats

clothes choose comfortable clothes



barbecue in the heart of nature



we take care of everything!

with an exceptional view of the Tseuzier dam, relax and enjoy our delicious feuerring dishes.

an exclusive offer to spend an unforgettable moment in the heart of nature.

useful information

location 5 min walk from the hotel

participants from 10 to 20 persons

price 100.- per person

schedule from 12 to 15.00. (min. 1h30)

options meat

fish

or lebanese 

incl.

cold starters

feuerring dishes

homemade dessert

still and sparkling water

homemade cold tea

hot herbal tea

savour the nature



wine tasting

discover what our mountains offer

join for a floral and gourmet walk led by the mountain professionals from **No Limits Experience**. pick, cook and taste the various edible plants found around chetzeron, such as the lamb's quarters, yarrow or wild thyme.

participants from 4 to 16 persons

time and schedule approx. 5 hours, from 2 to 7.00 pm

price 155.- by person

contact nolimitsexperience.ch, info@nolimitsexperience.ch



our sommelier will invite you to taste traditional valais wines grown in the region. a fun activity for groups!

duration 1h or 1h30 (possible from 17.00)

discover 5 white wines

price 700.- up to 8 persons

1300.- from 9 to 16 persons

discover 5 white wines and 3 red wines

price 1150.- up to 8 persons

1700.- from 9 to 16 persons

honey toast at sunrise



hike & fondue in the nature

a real bowl of energy

accompanied by the **BeeHeidi** team, you'll set off early to watch the sunrise and enjoy breakfast at the summit.

start approx. 4.00 - 5.00 from chetzeron (depending on sunrise)

return before lunchtime

duration approx. 5 hours

price 450.- up to 5 persons | 790.- from 6 to 10 persons
1130.- from 11 to 16 persons

contact Sandra Rouiller, +41 79 910 10 20, sandra@beeheidi.ch



what else than a convivial fondue in the heart of nature?

let yourself be guided by **BeeHeidi**.

duration approx. 5 hours

included fondue, valaisan plate, wine, dessert, guide

price 550.- up to 4 persons
880.- from 5 to 8 persons
1280.- from 9 to 12 persons
1650.- from 13 to 16 persons

contact Sandra Rouiller, +41 79 910 10 20, sandra@beeheidi.ch